



Alaska State WIC
New Minimum Stock Requirements
Effective October 1, 2009



Date: _____ Vendor # _____ Mgr Name: _____

Store Name: _____ Signature: _____

Mailing Address: _____ City, State _____
Zip: _____

Phone #: _____ Fax #: _____

E-mail: _____ # of
Checkstands: _____

Provide the following required information for most recent 12 month period available. If unable to provide, please attach an explanation.

Total Retail Sales: _____ Total Food Sales: * _____

Primary Wholesaler: _____ Delivery Method(s): _____

Minimum stock requirements are divided by groups. Please identify which group your vendor belongs to.

Group A = 1-3 checkstands

Group B = 4-6 checkstands

Group C = 7 or more checkstands

If inventory is less than the minimum stock required, vendor must provide evidence of purchase at time of monitoring.

* Include all sales of "food stamp eligible" food items

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Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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Food items marked with a * are eligible for exemption request. Please fill out an Exemption Request Form.

CANNED FISH	<p>Any eligible brand May be regular or low sodium</p> <p><u>Canned Tuna:</u> Size 6.25 oz can or less Plain only, packed in water No pouches, no albacore or white tuna</p> <p><u>Canned Pink Salmon</u> 14.75 oz, 7.5 oz. or 5-6 oz. cans Skin and bones allowed</p> <p><u>Canned Sardines</u> 3.75 or 15 oz. cans Water or oil packed Added flavors allowed Skin and bones allowed</p>	<p>Can be a combination of containers of canned tuna, salmon, or sardines to meet total ounces required.</p> <p>Group A: Must total 90 oz. (for example: 15 (6 oz) cans)</p> <p>Group B: Must total 150 oz. (for example: 25 (6 oz) cans)</p> <p>Group C: Must total 450 oz. (for example: 75 (6oz) cans)</p>	Tuna packed in water	6 or 6.25 oz ____oz (write in)	\$ \$ (highest price)	_____ _____ # of cans
			Canned pink salmon	14.75 oz can 7.5 oz can 5-6 oz can	\$ \$ \$ (highest price)	_____ _____ _____ # of cans
			Canned sardines	3.75 oz can 15 oz can	\$ \$ (highest price)	_____ _____ # of cans

CEREAL	<p>Please see description box to the right for eligible brands. Minimum package size is 12 oz for cold cereal Minimum package size is 11.8 oz for hot cereal No single serving boxes or packets except Quaker Instant Oatmeal & Instant Cream of Wheat</p>	<p>At least 2 kinds of cold cereal and 1 kind of hot cereal.</p> <p>At least one of these must be Whole Grain (WG).</p> <p>Group A: 24 boxes</p> <p>Group B: 36 boxes</p> <p>Group C: 72 boxes</p>	COLD: General Mills Cheerios, plain, WG	14 oz. 18 oz. 21.6 oz	\$ \$ \$	_____ _____ _____ # of boxes
			COLD: General Mills Multigrain Cheerios, WG	12.8 oz 16.2 oz	\$ \$	_____ _____ # of boxes
			COLD: Quaker Life, plain, WG	15 oz 21 oz	\$ \$	_____ _____ # of boxes
			COLD: General Mills Honey KIX, WG	12 oz	\$	_____ # of boxes

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CEREAL continued	For requirements, please see page 2	For minimum stock requirements, please see page 2.	COLD: Post Banana Nut Crunch, WG	15.5 oz	\$	_____ # of boxes
			COLD: Post Honey Bunches of Oats with Vanilla Clusters, WG	18 oz	\$	_____ # of boxes
			COLD: Post Grape Nuts Flakes, WG	14 oz 18 oz	\$ \$	_____ _____ # of boxes
			COLD: General Mills Rice Chex gluten free	12.8 oz 14 oz	\$ \$	_____ _____ # of boxes
			COLD: Flavorite Oat Squares	15 oz 21 oz	\$ \$	_____ _____ # of boxes
			COLD: Store brand Corn Flakes (Please circle: Flavorite, Fred Meyer/Kroger, Great Value, IGA, Ralston, Safeway, or Western Family)	____oz (write in)	\$	_____ # of boxes
			COLD: Store brand Crispy Rice (Please circle: Flavorite, Fred Meyer/Kroger, IGA, Malt-O-Meal, Ralston, Safeway, Great Value, or Western Family)	____oz (write in)	\$	_____ # of boxes
			COLD: Store brand Bran Flakes (Please circle: Flavorite, Ralston, Safeway, Great Value, or Western Family)	____oz (write in)	\$	_____ # of boxes
			COLD: Store brand Honey Oats/ Oats and Almond cereals: (Please circle: Flavorite, Fred Meyer, Safeway, Western Family, Malt – O-Meal)	____oz (write in)	\$	_____ # of boxes

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CEREAL continued	For requirements, please see page 2	For minimum stock requirements, please see page 2.	COLD: Store brand Frosted Shredded Wheat – mini and whole grain (Please circle: Flavorite, Fred Meyer/Kroger, IGA, Ralston, Safeway, Western Family, or Malt-O-Meal Frosted Mini-Spooners) WG	_____oz (write in)	\$	_____ # of boxes
			COLD: Store brand Toasted Oats: (Please circle: Flavorite, Fred Meyer, Great Value, Western Family, or Ralston Tasteeos)	_____oz (write in)	\$	_____ # of boxes
			HOT: Store Brand Regular Instant Oatmeal (Please circle: Ralston or Western Family)	11.8 oz 11.8 oz	\$ \$	_____ _____ # of boxes
			HOT: Cream of Wheat Whole Grain Stove Top 2 ½ min (blue box), WG	18oz	\$	_____ # of boxes
			HOT: Cream of Wheat Original 2-1/2 Minute (red box), 1 Minute (white box), Instant (individual packages), or 10 Minute (yellow box)	12.5 oz 28 oz	\$ \$	_____ _____ # of boxes
			HOT: Malt O Meal – original only	28 oz 36 oz	\$ \$	_____ _____ # of boxes
			HOT: Quaker Instant Oatmeal – regular	11.8 oz	\$	_____ # of boxes
			HOT: Quaker Instant Grits Whole Grain	12 oz	\$	_____ # of boxes

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CHEESE	<p>Any eligible least expensive brand. 16 oz. (1lb) size required, 32 oz. (2lb) size optional. American, Cheddar, Colby, Colby-Jack, Kraft Deluxe American loaf, Monterey Jack, mozzarella, and Swiss Blends of above cheese are allowed Low fat, low sodium No cheese food, product, or spread No shredded, grated, string, sharp or extra sharp, imported, deli, organic, soy, goat, or raw Only sliced cheese allowed is American (can be individually wrapped) No cheese with flavorings or added ingredients No organic</p>	<p>Group A: 12 (1 lb) loaves</p> <p>Group B: 24 (1 lb) loaves</p> <p>Group C: 48 (1 lb) loaves</p>	Please provide LEAST EXPENSIVE Brand Name			
			American _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Cheddar (mild or medium only) _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Colby _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Colby-Jack _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Monterey Jack _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Mozarella (block or ball) _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Swiss _____	1lb 2 lb	\$ \$	_____ _____ # of loaves
			Kraft Deluxe American Loaf _____	1lb 2 lb	\$ \$	_____ _____ # of loaves

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DRY AND CANNED LEGUMES	Any type/brand, mature legumes and peas, lentils, etc. or mixed Regular or low sodium No bulk or organic No bean soups No added seasoning No added sugars, fats, oils, or meat as purchased No immature varieties of green peas, green beans, snap peas, orange beans, or wax beans, pork and beans, beans containing added sugars, fats, meats, or oils. Baked beans only when listed on warrant. 15.5 oz. cans can be stocked as long as the minimum amounts of 16 oz. cans are available.	Group A: 3 # dry AND 36 cans (16 oz cans) Group B: 4 # dry AND 72 cans (16 oz cans) Group C: 12 # dry AND 144 cans (16 oz cans)	Dry Beans, Peas, Lentils	1 lb	\$ (highest price)	_____ # of dry packages
			Canned Beans	16 oz can	\$ (highest price)	_____ # of 16 oz. cans
EGGS	Any eligible brand 12 egg carton White, whole, chicken eggs, small, medium, or large Group A stores may stock Ova Easy dried eggs No specialty eggs (Eggland's Best, Naturally-nested, free range, or organic) No extra large or jumbo No brown eggs or low cholesterol	Group A: 12 dozen Dried eggs allowed if fresh eggs are not available. Each 4 oz. package equals one dozen eggs Group B: 24 dozen Group C: 48 dozen	Eggs (small, medium or large)	1 dozen	\$	_____ # of packages
			Ova Easy dried eggs	4oz pkg	\$ (highest price)	_____ # of packages

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JUICE	<p>Only approved brands as listed in Description section (to the right)</p> <p><u>Frozen Juices:</u> 11.5 oz, 12oz, or 16 oz. No natural or artificial sweeteners added No glass containers</p> <p><u>Shelf Stable Juices:</u> 46 oz cans (46 oz plastic bottle approved for Grape juice only) 64 oz. plastic bottles</p> <p><u>Pourable Concentrates: For women only</u> Must be pasteurized, 100% unsweetened fruit or vegetable juice 11.5 oz size Any flavor Juicy Juice Any flavor Welch's</p>	<p>Group A: 18 (46-48 oz) cans or (12 oz) frozen cans</p> <p>AND 12 (64 oz) plastic containers or (16 oz) frozen cans</p> <p>Group B: 30 (46-48 oz) cans or (12 oz) frozen cans</p> <p>AND 20 (64 oz) plastic containers or (16 oz) frozen cans</p> <p>Group C: 60 (46-48 oz) cans or (12 oz) frozen cans</p> <p>AND 40 (64 oz) plastic containers or (16 oz) frozen cans</p>	FROZEN Concentrate Apple Juice (Flavorite, Fred Meyer, Great Value, IGA, Safeway, Seneca, Treetop, or Western Family)	12 oz 16 oz	\$ \$	_____ _____ # of cans
			FROZEN Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Fred Meyer, Great Value, IGA, Minute Maid (blends allowed), Safeway, or Western Family)	12 oz 16 oz	\$ \$	_____ _____ # of cans
			FROZEN Grapefruit Juice - Types Allowed: Regular, White, Pink, or Ruby types . (Great Value, Minute Maid, IGA, Safeway, Western Family, or Fred Meyer)	12 oz	\$	_____ # of cans
			FROZEN Pineapple Juice – Dole (100% Juice Blends allowed)	12 oz	\$	_____ # of cans
			FROZEN Grape Juice – white, purple, or blends. Welch's (yellow pull strip only) or Western Family	11.5 oz 12 oz	\$ \$	_____ _____ # of cans
			FROZEN Juice Blends – any flavor (100% juice). Dole or Orchard brands.	12 oz	\$	_____ # of cans
			CANNED Apple Juice (Great Value, Seneca Treetop, or Western Family)	46 oz	\$	_____ # of cans
			CANNED Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)	46 oz	\$	_____ # of cans

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JUICE continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	CANNED Grapefruit Juice – Types Allowed: Regular, White, Pink, or Ruby types. (Great Value, IGA, Kroger, Safeway, Texsun, or Western Family)	46 oz	\$	_____ # of cans
			CANNED Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	46 oz	\$	_____ # of cans
			PLASTIC: Grape Juice: White, purple, or blends. (Welch's)	46 oz	\$	_____ # of bottles
			CANNED Tomato Juice: Types allowed: Regular, Low Sodium, or Spicy. (Campbells Tomato, Flavorite, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	46 oz	\$	_____ # of cans
			CANNED Vegetable Juice: Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	46 oz	\$	_____ # of cans
			PLASTIC Apple Juice (Great Value, Seneca Treetop, Western Family, Flavorite, or IGA)	64 oz	\$	_____ # of containers
			PLASTIC Apple Cider (Flavorite or IGA)	64 oz	\$	_____ # of containers
			PLASTIC Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)	64 oz	\$	_____ # of containers

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JUICE Continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	PLASTIC Grapefruit Juice - Types Allowed: Regular, White, Pink, or Ruby types. (Great Value, IGA, Kroger, Safeway, Texsun, Western Family, Langers Ruby Red, or Flavorite)	64 oz	\$	_____ # of containers
			PLASTIC Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Grape Juice: White, purple, or blends. (Welch's, IGA, Safeway, Flavorite, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Tomato Juice: Campbells Tomato (Regular or low sodium) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	_____ # of containers
			PLASTIC Vegetable Juice: Types allowed: Regular, Low Sodium, or Spicy. Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	_____ # of containers
			POURABLE CONCENTRATE: Juice Juice & Welch's 100% Juice, Any Flavor	11.5 oz	\$	_____ # of containers

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FRESH MILK * <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved <input type="checkbox"/> Denied	Refrigerated unflavored cow's fluid milk Whole, Skim, Non fat, Lowfat, 1%, 2%, Buttermilk, etc. Least expensive brand and largest size available. Participants can purchase quart size only when specified on warrants. Calcium or protein fortified allowed <u>Buttermilk is a lowfat variety</u> Lactose-free and Soy milk specified separately Goat's milk: Fresh fluid, evaporated, dry, UP and UHT. No organic or raw milk No favored milk such as chocolate or fruit flavored No other non-dairy milks No sweetened condensed milk	Group A: 32 gallons (combination of ½ and 1 gallon sizes) AND 12 quarts Must at least include nonfat/skim and whole milk varieties. Group B: 66 gallons (combination of ½ and 1 gallon sizes) AND 24 quarts Must at least include nonfat/skim and whole milk varieties. Group C: 132 gallons (combination of ½ and 1 gallon sizes) AND 48 quarts Must at least include nonfat/skim and whole milk varieties.	Please provide LEAST EXPENSIVE Brand			
			Fresh milk, whole	1 quart ½ gallon 1 gallon	\$ \$ \$	_____ _____ _____ # of containers
			Fresh milk, low fat (2%)	1 quart ½ gallon 1 gallon	\$ \$ \$	_____ _____ _____ # of containers
			Fresh milk, nonfat	1 quart ½ gallon 1 gallon	\$ \$ \$	_____ _____ _____ # of containers
			Calcium-fortified fresh milk	1 quart ½ gal	\$ \$	_____ _____ # of containers
			Protein-fortified fresh milk	1 quart ½ gal	\$ \$	_____ _____ # of containers
			Acidophilus	1 quart ½ gal	\$ \$	_____ _____ # of containers
			Buttermilk	1 quart ½ gal	\$ \$	_____ _____ # of containers
			Goat's Milk, fresh fluid	1 quart ½ gal	\$ \$	_____ _____ # of containers

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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LACTOSE FREE OR REDUCED MILK* <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved <input type="checkbox"/> Denied	Lactose free or reduced fresh milk Least expensive brand and largest size available No chocolate flavored Participants can purchase quart size only when specified on warrants.	Group A: 4 (quarts) AND 4 (½) gal Must include nonfat/skim and whole milk varieties Group B: 8 (quarts) AND 8 (½) gal Must include nonfat/skim and whole milk varieties Group C: 16 (quarts) AND 16 (½) gal Must include nonfat/skim and whole milk varieties	Lactose free or reduced fresh milk (whole)	1 quart ½ gal	\$ \$	_____ # of containers
			Lactose free or reduced fresh milk (lowfat)	1 quart ½ gal	\$ \$	_____ # of containers
			Lactose free or reduced fresh milk (nonfat)	1 quart ½ gal	\$ \$	_____ # of containers
POWDERED MILK	8 qt boxes	Group A, B, and C: 9 (8qt) boxes AND 6 (3 qt) boxes	Please provide LEAST EXPENSIVE Brand			
	3 qt. boxes		Powdered milk	8 qt box 3 qt. box	\$ \$	_____ # of boxes _____ # of boxes




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EVAPORATED MILK	12 oz size Nonfat/skim and whole milk varieties	Group A: 40 cans Must include nonfat/skim and whole milk varieties Group B: 80 cans Must include nonfat/skim and whole milk varieties Group C: 120 cans Must include nonfat/skim and whole milk varieties	Please provide LEAST EXPENSIVE Brand			
			Evaporated milk (nonfat/skim)	12 oz	\$	_____ # of cans
			Evaporated milk (whole)	12oz	\$	_____ # of cans
UHT MILK	1 qt sizes Nonfat/skim and whole milk varieties	Group A, B, and C: 32 quarts Must include nonfat/skim and whole milk varieties *** If approved for a fresh milk exemption, you are required to stock 144 quarts of UHT(total)***	Please provide LEAST EXPENSIVE Brand			
			UHT milk (nonfat/skim)	1 qt	\$	_____ # of containers
			UHT milk (whole)	1 qt	\$	_____ # of containers
PEANUT BUTTER	Any least expensive eligible brand All textures, smooth to extra crunchy 16 to 18 oz Low sodium, low sugar, natural allowed No Honey Nut roasted No organic No low fat or reduced fat No bulk or grind your own No added marshmallows, jelly, or honey. No peanut butter slices or tube.	Group A: 12 jars Group B: 24 jars Group C: 48 jars	Peanut Butter	16-18oz	\$ (highest price)	_____ # of jars

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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SOY BEVERAGE * <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved <input type="checkbox"/> Denied	Soy beverage is different than milk and will be listed separately on warrants. Approved brands: <ul style="list-style-type: none"> Pacific Ultra Soy : Plain or vanilla flavored. Quart size, shelf-stable 8th Continent: Plain only. Half gallon size only, refrigerated. No chocolate flavor, light, or fat-free	Group A: 24 qts Must include some quart sizes	Pacific Ultra Soy beverage, shelf stable	1 qt	\$	_____ # of containers
		Group B: 36 qts Must include some quart sizes Group C: 48 qts Must include some quart sizes	8 th Continent soy beverage, refrigerated	½ gal (2 quarts)	\$	_____ # of containers
TOFU * <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved <input type="checkbox"/> Denied	Approved brands: <ul style="list-style-type: none"> Azumaya silken and lite silken Nasoya silken and lite silken Westsoy lowfat and firm Refrigerated or shelf-stable 14-16 oz May purchase organic	Group A: 3 packages Group B: 6 packages Group C: 10 packages	Azumaya silken, lite silken, and firm tofu	14 oz	\$	_____ # of packages
			Nasoya silken and lite silken tofu	16 oz	\$	_____ # of packages
			Westsoy lowfat and firm tofu	16 oz	\$	_____ # of packages
			Soga All Natural extra firm tofu	15 oz	\$	_____ # of packages
			House premium silken, premium médium, Premium firm, and Premium extra firm	14 oz	\$	_____ # of packages
			O Organics Firm Tofu	14 oz	\$	_____ # of packages

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<p>INFANT FORMULA </p> <p><input type="checkbox"/> Exemption Requested </p> <p>State Office use: </p> <p><input type="checkbox"/> Approved</p> <p><input type="checkbox"/> Denied</p>	<p>Authorized WIC contract formulas</p> <ul style="list-style-type: none"> • Similac Advance Early Shield • Similac Isomil Advance • Similac Sensitive <p>Minimum stock requirement includes cans in backroom/storage as well.</p> <p>If number of cans on shelf is less than the minimum stock required, vendor must provide evidence of purchase at time of monitoring.</p> <p>**IMPORTANT NOTE**</p> <p>Similac will have product changes beginning approx. in June 2010. The following names and sizes will change. This will not affect minimum stocking requirements or warrant redemption allotment.</p> <p>Similac Advance (12.9oz can, powder) → Similac Advance (12.4oz can, powder)</p> <p>Similac Sensitive (12.9oz can, powder) → Similac Sensitive (12.6oz can, powder)</p> <p>Similac Isomil Advance (12.9 oz can, powder) → Similac Sensitive Isomil Soy (12.4 oz can, powder)</p> <p>Similac Isomil Advance (13 fl oz concentrate) → Similac Sensitive Isomil Soy (13 fl oz concentrate)</p>	<p>Group A: 32cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>12 cans (12.9 oz) Similac Isomil Advance – Powder, and</p> <p>12 cans (12.9 oz) Similac Sensitive - Powder</p> <p>Group B: 44 cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>22 cans (12.9 oz) Similac Isomil Advance – Powder, and</p> <p>20 cans (12.9 oz) Similac Sensitive - Powder</p> <p>Group C: 88 cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>58 cans (12.9 oz) Similac Isomil Advance – Powder,</p> <p>42 cans (12.9 oz) Similac Sensitive – Powder,</p> <p>120 cans Concentrate Similac Advance Early Shield,</p> <p>60 cans Concentrate Similac Sensitive, and</p> <p>84 cans Concentrate Similac Isomil Advance</p>	Similac Advance Early Shield – Powder	12.9 oz	\$	_____ # of cans
			Similac Isomil Advance-Powder	12.9 oz	\$	_____ # of cans
			Similac Sensitive - Powder	12.9 oz	\$	_____ # of cans
			Similac Advance Early Shield – Concentrate	13 oz	\$	_____ # of cans
			Similac Isomil Advance - Concentrate	13 oz	\$	_____ # of cans
			Similac Sensitive - Concentrate	13 oz	\$	_____ # of cans

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INFANT CEREAL* <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved Denied	8 oz or 16 oz size Only approved brands listed No added fruit or formula No DHA/ARA added No organic No single servings No yogurt No high protein No organic Minimum stock levels are for all approved varieties	Group A: 6 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice. Group B: 12 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice. Group C: 24 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice.	(Please circle) Beechnut, Nature's Goodness, or Gerber brands only			
			Rice Cereal	8 oz 16 oz	\$ \$	_____ _____
			Oatmeal Cereal	8 oz 16 oz	\$ \$	_____ _____
			Mixed Cereal	8 oz 16 oz	\$ \$	_____ _____
			Barley Cereal	8 oz 16 oz	\$ \$	_____ _____
INFANT MEATS* <input type="checkbox"/> Exemption Requested ----- State Office use: <input type="checkbox"/> Approved <input type="checkbox"/> Denied	2.5 oz size Gerber or Beechnut brands Commercial infant food meat or poultry Single major ingredient with added broth or gravy No desserts or mixtures with cereal allowed No organic No DHA/ARA No dried, freeze-dried, frozen, banana puffs No dinners or combinations with fruits, vegetables, or starches	Group A: 36 (2.5 oz.) jars Group B: 72 (2.5 oz) jars Group C: 144 (2.5 oz) jars	<u>(Gerber or Beechnut brands only)</u> Beef with Beef Gravy or Broth Chicken with Chicken Gravy or Broth Turkey with Turkey Gravy or Broth Ham and Ham Gravy or Broth Veal and Veal Gravy or Broth	2.5 oz	\$ (highest Price)	_____ # of jars

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WHOLE GRAINS: Vendors must carry 14-16 oz. whole grain bread or rolls and at least one other 16 oz. whole grain product. (whole grain tortillas or brown rice).						
WHOLE GRAIN BREAD, BUNS, AND ROLLS	<p>10-32 oz as listed on WIC warrants.</p> <p>Only authorized brands/products as listed on the right.</p> <p>ww= whole wheat</p> <p>Not allowed: diet, light, or gluten-free</p>	<p>Group A: 12 packages</p> <p>Must include a 14-16 oz. variety</p> <p>Group B: 24 packages</p> <p>Must include a 14-16 oz. variety</p> <p>Group C: 48 packages</p> <p>Must include a 14-16 oz. variety</p>	Oroweat 100% WW Buns	10 oz	\$	_____ # of packages
			Oroweat Sandwich Thins, Multi-Grain	12 oz	\$	_____
			Fred Meyer 100% WW Hamburger Rolls	14 oz	\$	_____
			Oroweat 100% WW Dinner Rolls	14 oz	\$	_____
			Oroweat 100% WW Hot Dog Buns	14 oz	\$	_____
			Roman Meal 100% WW Bread	16 oz	\$	_____
			Fred Meyer 100% WW Bread	16 oz	\$	_____
			Rubschlager 100% WW Bread	16 oz	\$	_____
			Rubschlager European Style Whole Grain bread	16 oz	\$	_____
			Earl of Sandwich 100% WW Bread	16 oz	\$	_____
			Franz 100% WW Bread	16 oz	\$	_____
			Sara Lee 100% WW Hamburger Buns with Calcium and Vitamin D	16 oz	\$	_____
			Sara Lee 100% WW Hot Dog Buns with Calcium and Vitamin D	16 oz	\$	_____
			Sara Lee 100% WW Mini Buns with Calcium and Vitamin D	16 oz	\$	_____
			Sara Lee Classic 100% WW Bakery Bread	16 oz	\$	_____
			Country Oven 100% WW Dinner Rolls	18 oz	\$	_____
			Nature's Pride 100% WW Bread	20 oz	\$	_____
			Great Value 100% WW Bread	20 oz	\$	_____

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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WHOLE WHEAT BREAD, BUNS, AND ROLLS continued	For requirements, please see page 17.	For stocking requirements, please see page 17.	Safeway 100% WW Dinner Rolls	20 oz	\$	_____ # of loaves
			Sara Lee Soft and Smooth 100% WW Bread	20 oz	\$	_____
			Oroweat 100% WW Hamburger Buns	21 oz	\$	_____
			Safeway 100% WW Bread	22 oz	\$	_____
			Wonder Stone ground 100% WW Bread	24 oz	\$	_____
			Kroger Country Oven Sandwich Bread 100%, WW	24 oz	\$	_____
			Cascade Pride 100% Stone Ground Wheat bread	24 oz	\$	_____
			Alaska Golden Pride 100% WW Bread	24 oz	\$	_____
			Franz 100% WW Bread	24 oz	\$	_____
			Sara Lee 100% WW Bread w/ Honey	24 oz	\$	_____
			Oroweat 100% WW Bread	24 oz	\$	_____
			Sara Lee Hearty and Delish 100% WW Bread	24 oz	\$	_____
			Franz Oregon Trail 100% WW Bread	26 oz	\$	_____ # of loaves

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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WHOLE GRAIN TORTILLA and BROWN RICE	<u>TORTILLAS:</u> Up to 16 oz, soft only Approved brands: <ul style="list-style-type: none"> • Don Pancho • La Burrita • Mission • Reser's • Guerrero • Taco Loco (Corn only) • Cantina Classica (Corn only) Whole wheat tortillas' package must say "Whole Wheat" or "100% Whole Wheat" on label. Soft corn tortillas may be white or yellow corn. <u>BROWN RICE:</u> Any brand, plain brown rice in boxes or bags. May be instant, quick, or regular cooking, long or short grain. No fats, oils, sodium, or sugars. No bulk.	May stock a combination of tortillas and/or rice. Group A: 8 (14-16 oz packages) Group B: 16 (14-16 oz packages) Group C: 32 (14-16 oz packages)	Don Pancho Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			La Burrita Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			Mission Multi-Grain Wraps	15 oz	\$	_____ # of packages
			Reser's Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			Guerrero Whole Wheat Flour Tortillas	16 oz	\$	_____ # of packages
			Don Pancho Corn Tortillas	16 oz	\$	_____ # of packages
			La Burrita Corn Tortillas	16 oz	\$	_____ # of packages
			Mission Corn Tortillas	16 oz	\$	_____ # of packages
			Reser's Corn Tortillas	16 oz	\$	_____ # of packages
			Guerrero White Corn Tortillas	16 oz	\$	_____ # of packages
			Cantina Classica Corn Tortillas	16 oz	\$	_____ # of packages

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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WHOLE GRAIN TORTILLA and BROWN RICE continued	For requirements, please see page 19.	For stocking requirements, please see page 19.	Taco Loco Corn Tortillas	10 oz	\$	_____ # of packages
			Regular Brown Rice	16 oz	\$	_____ # of packages
			Quick Brown Rice	16 oz	\$	_____ # of packages
			Instant Brown Rice	16 oz	\$	_____ # of packages
FRUITS AND VEGETABLES	<p>Fresh, canned, or frozen</p> <p>Allowed:</p> <ul style="list-style-type: none">Any eligible brand/variety and container size or typeBagged salads and vegetablesFruits/vegetables precut/cleaned and packaged in store for individual use.Fruit or vegetable mixtures, whole or cutOrganicSplenda/sweetener or flavors enhanced with herbsSpaghetti sauce and salsa allowed if no added meat, sugar, fats, or oils. <p>Not Allowed:</p> <ul style="list-style-type: none">No dried fruits or vegetablesNo fruit leathers or fruit rollupsNo cut fruits and vegetables from salad bars or party plattersNo varieties of white potatoes or products i.e. red, gold, purple, etc. and no product that has white potato in it (Yams and sweet potatoes are allowed)	<p>Must stock at least two varieties of fruits and two varieties of vegetables</p> <p>Group A: \$100</p> <p>Can meet requirement by solely stocking required frozen or canned fruits or vegetables. Encouraged to have as much fresh produce as possible.</p> <p>Group B: \$200</p> <p>Must stock ≥\$100 of required fresh fruits and vegetables</p> <p>Group C: ≥ \$400</p> <p>Must stock ≥\$275 of fresh required fruits and vegetables.</p>	<p>Fruit Varieties</p> <p>(list at least 2):</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Vegetable Varieties</p> <p>(list at least 2):</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>		TOTAL ESTIMATED VALUE OF STOCK	
					\$_____	
					\$_____	

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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FRUITS AND VEGETABLES continued	<ul style="list-style-type: none"> No edible blossoms and flowers, e.g. squash blossoms (but broccoli, cauliflower and artichokes are allowed) No juice or soup No creamed or sauced vegetables. No catsup or other condiments, pickled vegetables, olives, pizza sauce, etc. No herbs or spices; vegetable-grain (pasta or rice) mixtures; fruit-nut mixtures; breaded vegetables; ornamental and decorative fruits and vegetables such as chili peppers on a string, garlic on a string, gourds, painted pumpkins, fruit baskets and items such as blueberry muffins and other baked goods. 					
	<p><u>Frozen Fruits and Vegetables:</u></p> <ul style="list-style-type: none"> No added fats, oils, sugars, syrups or salt Any fruit or vegetable mixture is allowed Any kind of beans such as green beans, wax beans, black-eyed peas, black beans, or pinto beans <p><u>Canned Fruits and Vegetables:</u></p> <ul style="list-style-type: none"> Regular or low sodium Minimal amounts of salt or sugar used for canning are allowed Any plain fruit or fruit mixture may be juice or water-packed without added sugars, syrup, fats, oils, or salt (Unsweetened or no sugar added applesauce only) No added fats, oils, or meat No canned legumes – legumes separately specified on warrant 					